SOME GENDER ISSUE IN A MOUNTAIN ENVIRONMENT IN INDIA.

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Abstract: Gender is an important factor of sustainable development in the mountain regions of India. The workloads of women have considerably increased in recent years in the mountain regions due to the increasing phenomenon of male out-migration to urban areas in the plains. Women interact with their mountain environment, both as users and as nurturers. Women also face various socio-economic challenges in the context of their limited access to education and credit facilities. Most of the women are illiterate. They are also engulfed in poverty. However, efforts are being made to improve the educational level of the girl-child, and many programs, especially in the non-formal sector, are giving self-confidence to women and creating an awareness about gender-related issues. The present study was carried out in the mountain environment of the Upper Kullu Valley region, in Himachal Pradesh.